



ALOHA
FOODS CO
WWW.ALOHAFOODSCO.COM
TEL - 01780 238813

ORDER VIA



BUILD YOUR OWN BOWL

THIS IS WHAT ALOHA IS ALL ABOUT.
CUSTOMISE YOUR VERY OWN MEAL
THATS COOKED FRESH TO ORDER!

- FROM 8.95

① SELECT YOUR PROTEIN

- STEAK ^{GF +2.00}
Kcal 298
- TOFU ^{GF V VE}
Kcal 177
GARLIC + HERB FLAVOR
- KING PRAWNS ^{GF +2.00}
Kcal 143
LEMON + LIME FLAVOR
- HALLOUMI ^{GF V}
Kcal 336
- FALAFEL ^{GF V VE}
Kcal 138
- FISH OF THE DAY ^{GF +2.00}
Kcal 141
- CHICKEN ^{GF +1.00}
Kcal 270

FLAVOURS
- FAJITA
- PIRI-PIRI
- MANGO + LIME

② THEN YOUR BASE

- PLAIN RICE ^{GF V VE}
Kcal 238
- SPICY RICE ^{GF V VE}
Kcal 336
- SWEET POTATO MASH ^{GF V VE}
Kcal 258
- NOODLES ^V
Kcal 222
- COUSCOUS ^{V VE}
Kcal 224

③ AND THEN 2x SIDES

- SPINACH ^{GF V VE}
Kcal 9
- MIXED NUTS ^{GF V VE}
Kcal 160
- HOME SLAW ^{GF V VE}
Kcal 31
- MIXED SALAD ^{GF V VE}
Kcal 2
- STEAMED BROCCOLI ^{GF V VE}
Kcal 23

ADD EXTRAS?

- HALLOUMI ^{GF V}
Kcal 175 +2.50
- SWEET POTATO FRIES ^{GF V VE}
Kcal 304 +4.95
- GUACAMOLE ^{GF V VE}
Kcal 127 +2.50
- HUMMUS ^{GF V VE}
Kcal 135 +2.50

* If you have any allergies please inform a staff member before you order.

HELLO FROM ALOHA!



HERE AT ALOHA FOODS CO,
WE LOVE NOTHING MORE THAN CREATING
DELICIOUS FOOD, COOKED FRESH TO
ORDER, FOR EVERY SINGLE ONE OF OUR
CUSTOMERS! OUR PASSION CAN BE SEEN IN
OUR MENU. WE LOVE OUR COMMUNITY
AND THAT IS WHY WE SOURCE OUR
INGREDIENTS LOCALLY.
WE ALSO LOVE TO TRAVEL AND WE TRY TO
BRING SOME OF THESE INFLUENCES TO
THE DISHES WE CREATE.

YOU WILL SEE OUR MANTRA
"THE EFFORTLESS WAY TO FEEL GOOD"
ON OUR WALL AND THAT IS AS MUCH FOR
YOU AS IT IS TO REMIND US WHY WE'RE
ON THIS JOURNEY. RATHER THAN LIST THE
REASONS WHY YOU SHOULD COME IN AND
SAMPLE OUR DISHES, JUST POP IN AND
SAY HELLO AND WE CAN TALK YOU
THROUGH OUR MENU.

IF YOU WANT TO FIND OUT MORE ABOUT
ALOHA FOODS CO THEN VISIT
OUR WEBSITE, WHERE YOU CAN FIND OUR
MENU, READ ABOUT OUR MISSION, AND
MEET THE TEAM.

TEAM ALOHA!



GF = GLUTEN FREE
V = VEGETARIAN
VE = VEGAN
0 = CONTAINS NUTS

+ ADD
50g AP +1.50
BURRITOS +1.50
PIZZA +1.50
CHILI +1.50
BLACK BEANS +1.50
JALAPENO +1.50
LIME & CILantro +1.50



BURRITOS

-7.95-

CHOOSE YOUR RICE

SPICY / PLAIN

THE SALSA POP

GRILLED HALLOUMI, ALOHA SALSA,
CRISPY LETTUCE WITH RANCH SAUCE.

KING

CHILLI & LIME KING PRAWNS, RED ONIONS,
CRISPY LETTUCE AND SOFT CREAM.

SWEET CHILLI BONANZA

SWEET CHILLI CHICKEN, CRISPY LETTUCE
WITH SWEET CHILLI MAYO.

THE SIZZLER

GRILLED BEEF STEAK WITH RED ONIONS
AND MUSHROOMS, TOPPED WITH CRISPY LETTUCE
AND RANCH SAUCE.

GREEN PEACE

GARLIC & HERB TOFU, WITH BLACK BEANS,
JALAPENO, SPINACH AND BASIL PESTO.



HOT DRINKS

HOT CHOCOLATE

CAPPUCCINO

LATTE

AMERICANO

FLAT WHITE

TEA

350ml FREE TEA
PLEASE ASK

GF = GLUTEN FREE
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VE = VEGAN
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GOURMET BURGERS

BANGKOK VEGAN BURGER

A MIXED VEGETABLE PATTY WITH CORIANDER,
CHILI, LEMONGRASS, AND LIME LEAF COATED IN
BLACK ONION, SESAME, AND CUMIN SEEDS,
WITH A CRUNCHY RED LENTIL CRUMB.
SERVED IN A CIABATTA BUN.
SERVED WITH SWEET POTATO FRIES - 9.95

HALLOUMI BURGER

GRILLED HALLOUMI, CHARRED RED PEPPERS,
SWEET CHILLI SAUCE AND TOPPED WITH HOME MADE
SLAW IN A CIABATTA BUN.
SERVED WITH SWEET POTATO FRIES - 9.95

PULLED BBQ CHICKEN BURGER

PULLED BBQ CHICKEN BURGER
WITH JALAPENO, MAYO AND HONESLAW
SERVED IN A CIABATTA BUN.
SERVED WITH SWEET POTATO FRIES - 9.95



DETOX DRINKS

-4.95-

FRESH WHOLE COCONUT

FOR HEART, SKELETAL
AND MUSCULAR FUNCTIONS.

TURMERIC LEMONADE

HEALTH AND WELL-BEING.

APPLE PIE

WEIGHT LOSS

RADIANT JAGA SHOTS

CLEAR SKIN, CLEAR MIND.



GRILLED CHICKEN

WINGS

-6.95-

(6 WINGS PER BOX)

SWEET CHILLI

BUFFALO

BBQ

PIRI PIRI



GUILT FREE TREATS

-FROM 3.50-

DOUBLE FUDGE BROWNIE

GF V VE
Kcal 288

ACAI BOWL

A CREAMY ACAI BLEND, TOPPED
WITH GRANOLA, FRESH FRUIT AND
COCONUT SHAVES

SMOOTHIE BOWL

CHOICE:
MANGO BOWL / CHOCOLATE MANGO BOWL

WAFFLES

GF V VE
Kcal 211

-CARAMEL SAUCE INCLUDED-

800g

BANANA STRAWBERRIES BLUEBERRIES
RASPBERRIES - NUTS - 1.50

CRUNCHY PROTEIN BALL

A BLEND OF DATES, NUTS, LEBES, DATES,
AND PLANT BASED PROTEIN, ROLLED INTO BITE-SIZED
ENERGY BOOSTERS.



SMOOTHIES

MANGO MAYHEM

MANGO, BANANA AND COCONUT MILK.

GREEN MACHINE

APPLE, BANANA, MANGO, SPINACH AND PINEAPPLE.

SUPER BERRY BLAST

MIXED BERRIES, GREEK YOGHURT
AND COCONUT MILK.

THE HANGOVER

BLUEBERRIES, CHIA SEEDS, BANANA
GREEK YOGURT AND COCONUT MILK.

RASPBERRY RIDDLE

RASPBERRY, BANANA, GREEK YOGURT
AND COCONUT MILK.

CHUNKY MONKEY

PEANUT BUTTER, ALMOND MILK, BANANA, DATES,
DATES, DARK CHOCOLATE



MEAL PREP + PLANS

JOIN THE MEAL PREP MOVEMENT.
OUR BSC NUTRITIONIST AND HEALTH
GRADUATE OFFER EXPERT ADVICE
IN CREATING YOUR VERY OWN TAILORED
PLAN AND THEN OUR AWARD WINNING CHEF
WILL PREPARE, COOK AND PACKAGE THEM.
READY FOR YOU TO HEAT UP AT HOME FOR
THE WEEK! AWESOME!